

Feedback Report for Trauma informed group work with vulnerable communities – Canberra, 27th January 2016

Feedback from the end of course evaluation form

		Course feedback	Percentage
No. of participants		19	
Length in days		1	
No. of completed evaluations		16	84%
Expectation?	Yes	14	88%
	Partly	2	12%
	No	0	0%
Level of training	Too High	0	0%
	Just Right	16	100%
	Too Low	0	0%
Facilitators Attitude - Poor	1	0	0%
	2	0	0%
Okay	3	0	0%
	4	3	19%
Great	5	13	81%
Facilitators Knowledge - Poor	1	0	0%
	2	0	0%
Okay	3	0	0%
	4	3	19%
Great	5	13	81%
Way the workshop was run - Poor	1	0	0%
	2	0	0%
Okay	3	3	19%
	4	3	19%
Great	5	10	63%
Handouts	Not enough	0	0%
	Ok	6	38%
	very useful	10	63%

Key outcomes

- 88% of participants thought the workshop *achieved what they expected*.
- 100% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 81% of participants reported the way the course was run was *very good to great*
- 63% of participants who completed evaluations reported the handouts were very useful

Qualitative feedback

Has the training program covered what you expected? If partly or no, why?

- Wasn't sure exactly what to expect
- Some a bit slow
- I thought it was more general group facilitation rather than trauma informed but it was still useful
- Maybe discuss more specifically how to manage dominant group members
- Need to read booklets – good to have take-home resource

What topic/issue has been the most important for you?

- Use of props
- Groupwork
- Engagement in a safe way
- 80:20; touching on sensitive issues and safety
- Enjoyed demonstration on use of props
- Trouble shooting – people volunteering their scenarios for discussion, facilitator had great ideas
- Deeper issues such as group dynamics and concepts around managing people
- Looking at key components to assist people to find the group experience now and into the future. Pillars of trauma informed practice.
- Wisdom pool/ campfire as useful tool
- Good to refresh skills of group work and being creative
- 80:20 rule for different processes – using multisensory tools
- The practical activities & examples were great but an overview of the objectives of the day would be good.
- The connection between theory and practice; Space to reflect on value adding with traditional 'set' program; 80:20
- All
- Good to experience the activities as a group to know how they work
- Coke bottle – great visual tool which can be used in both group work and direct practice.

What topic/ issue has been the least important for you?

- Nil.
- N/A * 2
- Revisiting the scenario multiple times felt a bit too much * 2
- N/A – All useful
- Learning styles
- After lunch

What impact will this training have on your work?

- Review how I do things
- I will definitely use props and other things discussed
- I like the use of the sensory props
- Will think more about autonomy when running group[s]
- Reflect on current practice, ideas to include in groups I facilitate
- I will use the sensory props in my own work and it has encouraged me to look into other props in the future
- Those 'Ahha' moments and examples will come very handy in my work
- Helping to give facilitators permission to be creative and use other tools to encourage discussion and group process
- Provide me with an informed way of working in groups and reinforces that 'I am not the expert' as a group facilitator
- It has made me use more effort to be creative in my group facilitation

- Considering balancing risk taking verses safety of groups across lots of facets of my work
- Makes me reflect and plan more on how to facilitate groups – use more externalising tools
- Directly relevant – challenged me to look at immediate issues faced in practice
- Learning styles useful with group facilitating. Use of different props with groups. Pillars of trauma informed practice
- More confidence in facilitating and faith in the group process

Any other comments about the training course

- It gave me lots to think about and want to know
- Some useful strategies but I felt the day didn't have too much structure. I would like to know the key topics to be covered in the day up front
- Loved it
- Shadow side of learning styles was interesting
- Very energetic day. Thankyou
- Excellent training day – Thank you
- Very respectful of other cultures and difference
- Excellent
- Would have been good to have asked us to have a number of scenarios since we reflected on them so often
- Having morning/afternoon tea provided would have been appreciated