

## Feedback Report for Power of Apology - Wollongong, 23<sup>rd</sup>-24<sup>th</sup> June 2016

### Feedback from the end of course evaluation form

		Course feedback	Percentage
<b>No. of participants</b>		8	
<b>Length in days</b>		1	
<b>No. of completed evaluations</b>		8	100%
<b>Expectation?</b>	<b>Yes</b>	<b>8</b>	<b>100%</b>
	Partly	0	0%
	No	0	0%
<b>Level of training</b>	Too High	0	0%
	<b>Just Right</b>	<b>8</b>	<b>100%</b>
	Too Low	0	0%
<b>Facilitators Attitude - Poor</b>	1	0	0%
	2	0	0%
<b>Okay</b>	3	0	0%
	4	0	0%
<b>Great</b>	5	8	100%
<b>Facilitators Knowledge - Poor</b>	1	0	0%
	2	0	0%
<b>Okay</b>	3	0	0%
	4	0	0%
<b>Great</b>	5	8	100%
<b>Way the workshop was run - Poor</b>	1	0	0%
	2	0	0%
<b>Okay</b>	3	0	0%
	4	2	25%
<b>Great</b>	5	6	75%
<b>Handouts</b>	Not enough	0	0%
	Ok	2	25%
	<b>very useful</b>	<b>6</b>	<b>75%</b>

### Key outcomes

- 100% of participants thought the workshop *achieved what they expected*.
- 100% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 100% of participants reported the way the course was run was *very good to great*
- 75% of participants who completed evaluations reported the handouts were very useful

## **Qualitative feedback**

**Has the training program covered what you expected? If partly or no, why?**

**What topic/issue has been the most important for you?**

- Awareness and discussion around the languages of apology
- Emotional allergies, language of apology
- Learning how to effectively listen/ reflect and understanding allergies
- GIFT concept
- Emotional allergy
- Most of it, hard to articulate
- Five languages of apology
- Looking within more to find solutions rather than externally
- Accepting responsibility

**What topic/ issue has been the least important for you?**

- None
- I probably would have liked a bit more on how to apply the concepts with clients and families we're working with
- Nil
- Life is full of forgiveness opportunities

**What impact will this training have on your work?**

- It will help me when counselling clients with relationships difficulties, particularly when past hurts or forgiveness difficulties are present
- More aware and informed in my practice
- I will have more understanding of the process. I will be able to extend grace and forgiveness in my life
- Increased knowledge and understanding
- Great help in my personal/ work life
- I will be more mindful in y relationships
- Terrific reminder of taking action in a positive way
- To think differently

**Any other comments about the training course**

- Facilitator enabled good group cohesion and participation
- Well worth the expense and effort
- Thanks, it was very good
- Very engaging- seriously I usually don't contribute much and I felt like I had heaps to contribute in this group experience
- Highly recommended
- Great course – a new starting place on how to be with self and others – Thanks
- Well presented in a professional manner