



**Feedback from Advanced Groupwork**  
**26<sup>th</sup> May 2017 - Andrew King**

**Feedback from the end of course evaluation form**

		Course feedback	Percentage	
<b>No. of participants</b>		12	%	
<b>Length in days</b>		1		
<b>No. of completed evaluations</b>		12	100	
<b>Expectation?</b>	<b>Yes</b>	<b>10</b>	<b>80</b>	
	Partly	2	20	
	No	0	0	
<b>Level of training</b>	Too High	0	0	
	<b>Just Right</b>	<b>12</b>	<b>100</b>	
	Too Low	0	0	
<b>Facilitators Attitude - Poor</b>	1	0	0	
	2	0	0	
	<b>Okay</b>	3	20	
	<b>4</b>	<b>0</b>	<b>0</b>	
	<b>Great</b>	<b>5</b>	<b>10</b>	<b>80</b>
<b>Facilitators Knowledge - Poor</b>	1	0	0	
	2	0	0	
	<b>Okay</b>	3	20	
	<b>4</b>	<b>0</b>	<b>0</b>	
	<b>Great</b>	<b>5</b>	<b>10</b>	<b>80</b>
<b>Way the workshop was run - Poor</b>	1	0	0	
	2	0	0	
	<b>Okay</b>	3	4	30
	<b>4</b>	<b>0</b>	<b>0</b>	
	<b>Great</b>	<b>5</b>	<b>8</b>	<b>70</b>
<b>Handouts</b>	not enough	0	0	
	Ok	6	50	
	<b>very useful</b>	<b>6</b>	<b>50</b>	

**Key outcomes**

- 100% of participants thought the workshop *achieved what they expected*.
- 100% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 80% of participants reported the way the course was run was *very good to great*
- 50% of participants who completed evaluations reported the handouts were very useful

**Qualitative feedback**

**What topic/issue has been the most important for you?**

- Reflecting on participants' assumptions/predictions about you and how you can make these overt and connect with what the participant hopes for.
- Using solution focussed questions to enable participants.
- Identifying the underlying motivation for resistant clients.
- Deepening the focus and piece of paper technique as it is so engaging and T think it will enhance my group work.

- Resistance
- Using the whole group to help individual members. Focal Conflict Model. Working with resistance, great.
- Self-awareness raised.
- Focus Concept Model.
- Working with resistance and techniques that help.
- Muti - Sensory Tools/ Skills for engaging resistant clients.
- Hard to identify the most-it was all very helpful. Energy, one step beyond comfort zone, relationship between safety and risk, exercise etc.
- Key Words always ready, choices.

**What topic/ issue has been the least important for you?**

- All was valuable
- I think all topics were important. I already use some of the multi-sensory techniques, so they were good to recap.
- N/A
- All helpful

**What impact will this training have on your work?**

- My own reflective practice around behaviours. This will assist me in responding empathically.
- I will use this resource at home.
- I plan to use more multi-sensory techniques more to attempt to go deeper. Look for themes and think more about restructure and enabling factors.
- Reinforce the approach.
- I will be more aware of my strengths as a leader!
- With greater awareness
- Shifting my perspective on resistance
- Making concepts concrete. Using paper to write a focus for the group making individual concerns the concerns of the group.
- Dealing with resistance actively.
- Creative thinking around client engagement.
- Comfort while re-entering the sector.
- More confidence when meeting resistance so I can focus more on the client and use the energy to bring all of us forward

**Any other comments about the training course**

- Excellent
- Thank you. Lunch was lovely and appreciated.
- Thanks for the preparation.
- N/A
- Grateful. Thankyou!
- Very good. Andrew has a great deal of experience and generous in sharing.
- I struggled at times to concentrate as I have very low energy.
- Well-presented thank you!
- Excellent Thank you. I didn't want it to end, I learned a lot!