

## Feedback Report for Managing Vicarious Trauma with David Cherry – Tuesday, 15<sup>th</sup> May 2018, Canberra

### Feedback from the end of course evaluation form

		Course feedback	Percentage
<b>No. of participants</b>		9	
<b>Length in days</b>		1	
<b>No. of completed evaluations</b>		9	100%
<b>Expectation?</b>	<b>Yes</b>	<b>3</b>	<b>33%</b>
	Partly	6	67%
	No	0	0%
<b>Level of training</b>	Too High	0	0%
	<b>Just Right</b>	<b>6</b>	<b>67%</b>
	Too Low	2	22%
<b>Facilitators Attitude - Poor</b>	1	0	0%
	2	1	11%
	<b>Okay</b>	3	33%
	<b>4</b>	<b>2</b>	<b>22%</b>
	<b>Great</b>	<b>5</b>	<b>33%</b>
<b>Facilitators Knowledge - Poor</b>	1	0	0%
	2	0	0%
	<b>Okay</b>	3	22%
	<b>4</b>	<b>1</b>	<b>11%</b>
	<b>Great</b>	<b>5</b>	<b>67%</b>
<b>Way the workshop was run - Poor</b>	1	0	0%
	2	2	22%
	<b>Okay</b>	3	11%
	<b>4</b>	<b>3</b>	<b>33%</b>
	<b>Great</b>	<b>5</b>	<b>33%</b>
<b>Handouts</b>	Not enough	1	11%
	Ok	3	33%
	<b>very useful</b>	<b>4</b>	<b>44%</b>

### Key outcomes

- 33% of participants thought the workshop *achieved what they expected*.
- 67% of the participants thought the workshop was pitched at the right level.
- 55% of participants reported the facilitator's attitude was *very good to great*.
- 78% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 66% of participants reported the way the course was run was *very good to great*
- 44% of participants who completed evaluations reported the handouts were very useful

## **Qualitative feedback**

### **Has the training program covered what you expected? If partly or no, why?**

- Partly not because it was negative, but because it was different (in a good way) to what I expected.
- Although can be sensitive more specific examples of incidents/events, how to be aware and respond to care for yourself.
- I thought it would be more around accepting that Vicarious Trauma exists rather than strategies to avoid it.
- I thought there might be more strategies on how to not take on others.
- Expected more on the basics of vicarious trauma and effective strategies.

### **What topic/issue has been the most important for you?**

- Self-care – proceduralising and strategies for perfectionism.
- Resources and information.
- Body language video by Amy Cuddy.
- Role definition, boundaries, emotional support/counselling.
- Difference between support and counsellors.
- Self-awareness.
- Boundaries.
- Power pose.

### **What topic/ issue has been the least important for you?**

- Nil.
- None.
- None.
- Self-care (because I have a self-care plan in place with my supervisor already).
- Conversation types – hearing people's issues rather than solutions.
- Power poses – how does this relate to vicarious trauma?

### **What impact will this training have on your work?**

- Empowering and positive.
- This has been great and affirming for me.
- I will be more mindful around my interactions with others when they are in a distressed state.
- I will be making some changes to the way I approach my direct work with clients.
- Will provoke further reading, will look at the references and do some of my own research.
- Again, reflect on my own responses, body language etc.
- Yes, need to look at the structures of roles in our workplace and culture of commitment to the job.
- Slightly.
- No.

### **Any other comments about the training course**

- Great content and very relevant to my role.
- Really enjoyed it.
- Thanks
- Some participants may have anxiety and struggle with interaction – perhaps I could have alerted the presenter before.
- A little too dominated by a few people, not necessarily by them but their views were highlighted a lot.
- Overall disappointed. A few participants were offended during introductions. 7 out of 10 participants worked in similar fields and other 2 weren't spoken to.