

Feedback Report for Managing Vicarious Trauma with David Cherry – Hobart, 11th September 2018

Feedback from the end of course evaluation form

| | | Course feedback | Percentage |
|--|--------------------|-----------------|-------------|
| No. of participants | | 9 | |
| Length in days | | 1 | |
| No. of completed evaluations | | 9 | 100 |
| Expectation? | Yes | 9 | 100% |
| | Partly | 0 | 0% |
| | No | 0 | 0% |
| Level of training | Too High | 0 | 0% |
| | Just Right | 9 | 100% |
| | Too Low | 0 | 0% |
| Facilitators Attitude - Poor | 1 | 0 | 0% |
| | 2 | 0 | 0% |
| | Okay | 3 | 0% |
| | 4 | 1 | 11% |
| | Great | 5 | 89% |
| Facilitators Knowledge - Poor | 1 | 0 | 0% |
| | 2 | 0 | 0% |
| | Okay | 3 | 0% |
| | 4 | 1 | 11% |
| | Great | 5 | 89% |
| Way the workshop was run - Poor | 1 | 0 | 0% |
| | 2 | 0 | 0% |
| | Okay | 3 | 0% |
| | 4 | 2 | 22% |
| | Great | 5 | 78% |
| Handouts | Not enough | 0 | 0% |
| | Ok | 2 | 22% |
| | very useful | 7 | 78% |

Key outcomes

- 100% of participants thought the workshop *achieved what they expected*.
- 100% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 100% of participants reported the way the course was run was *very good to great*
- 78% of participants who completed evaluations reported the handouts were very useful

Qualitative feedback

Has the training program covered what you expected? If partly or no, why?

What topic/issue has been the most important for you?

- Self-care – clearly developing professional boundaries
- Early signs of experiencing vicarious trauma.
- Self-care
- Changing focus.
- The use of language and body language, change of posture, self-care, and boundaries/reinforcement and strategies.
- Self-care, managing self-talk, and the use of language –thinking/feeling.
- Thinking language versus feeling.
- Self-care
- Thinking style of questioning, feedback resilience, cutting down on time interviewing by altering the initial few sentences.

What topic/ issue has been the least important for you?

- It was all relevant!
- All good refresher.

What impact will this training have on your work?

- Aware of thoughts, actions and behaviours – less about feelings.
- Not so much in the way that I work but in the way I separate myself from my work and take care of myself – self-care.
- It will allow me to stop and consider the way I respond to certain situations.
- Self-awareness, boundaries and efficiency, power of language and body language.
- Knowledge/ideas – look at my practice or support others to explore strategies.
- Being aware of my self-limiting beliefs and changing the small cues which degrade my skills and abilities.
- Support further professional and personal development which will support me to be of greater benefit to others and self.
- Improvements by small changes.
- A hell of a lot. Thank-you.

Any other comments about the training course

- Handouts seemed shallow – only had what David said but not much extra.
- Great course.
- I have thoroughly enjoyed the day.
- Excellent facilitator that created trust and respect between participants.
- Thank-you and well done. Keep up the great work.