

Strength Cards for Men

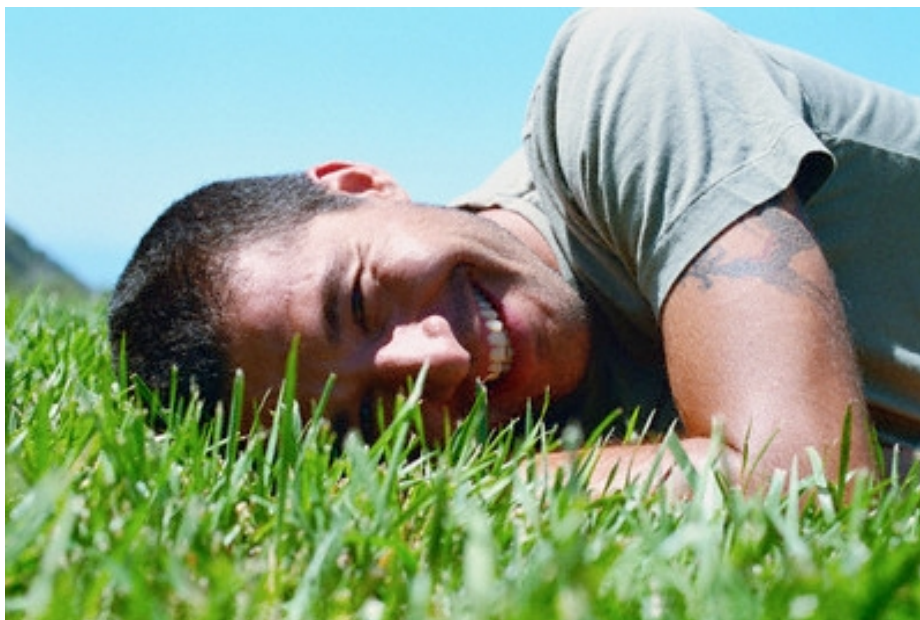
The Strength Cards for Men were developed by Gabrielle Borggaard (gabrielle.borggaard@mfsq.org.au) based on the original concept created by Innovative Resources (www.stlukes.org.au). Instead of using cartoons, they found their own images about men and their families.

The cards are designed so they can be printed in colour, on white or coloured paper or can be used in black and white. They are best laminated and can be used for a variety of exercises with men. It is a free resource that uses images from a web site that provides a large number of pictures on the condition they are used for free by not for profit agencies with no advertising attached.

Caring



Friendly



Courteous



Responsible



Reliable



Honest



Forgiving



Loving



Powerful



Cautious



Energetic



Adventurous



Assertive



Sensitive



Adaptable



Capable



Cheerful



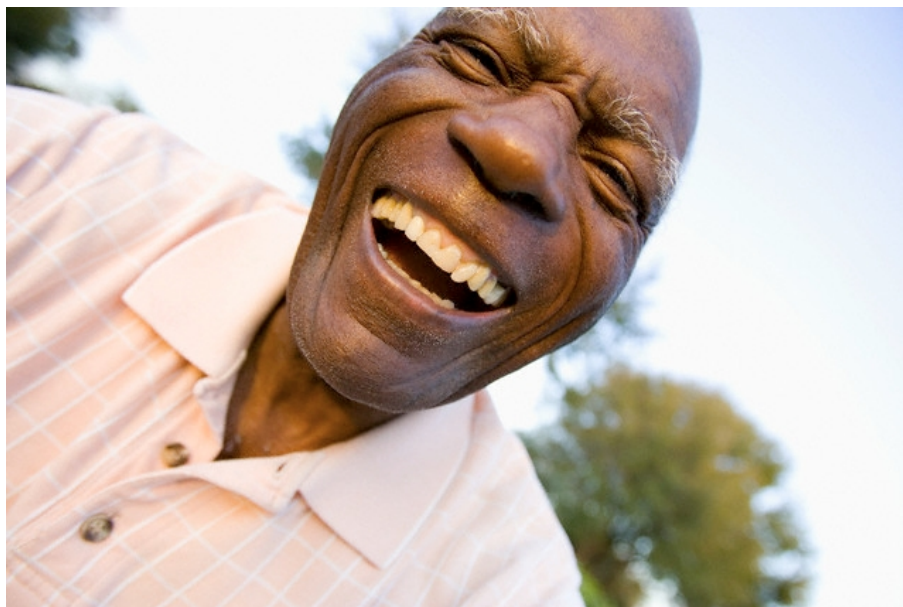
Determined



Competent



Happy



Hardworking



Protective



Helpful



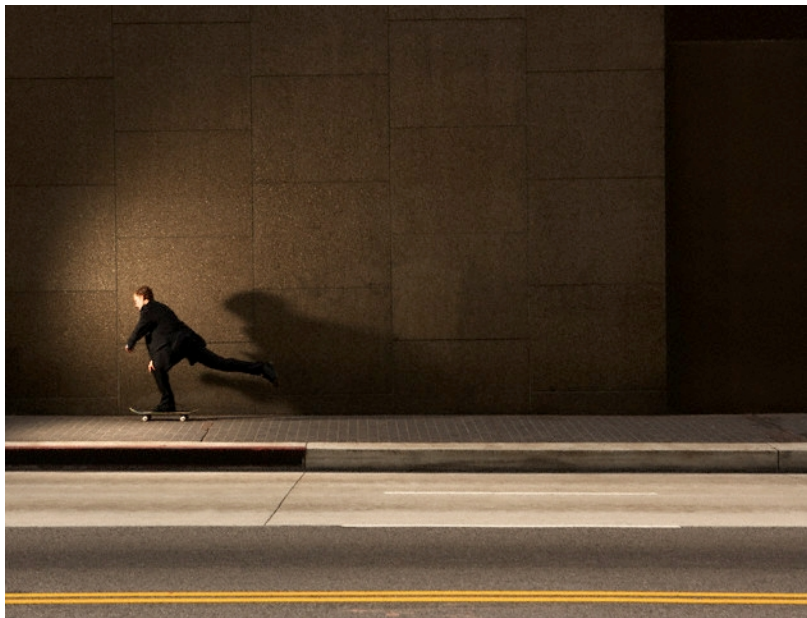
Talented



Supportive



Resourceful



Skilful



Independent



Humorous



Thoughtful



Warm



Sporting



Sensible



Creative



Democratic



Co-operative



Relaxed



Enthusiastic



Close



Open



Patient



Resilient



Colourful



Economical



Organised



Efficient



Courageous



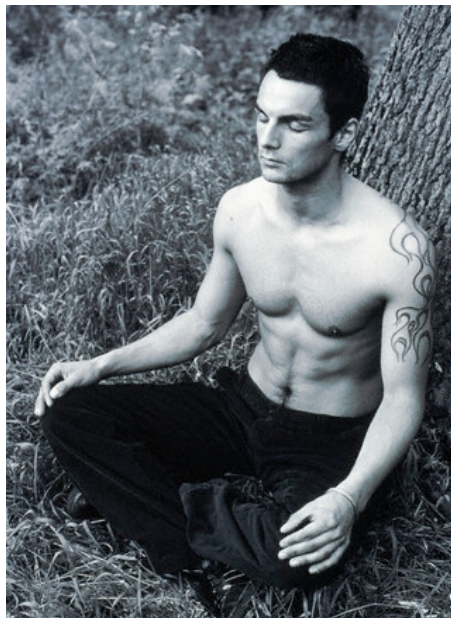
Masculine



Proactive



Spiritual



Committed



Sensuous



Insert Strength

Insert picture

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